

Size Chart

	XS	S	M	L	XL	2XL	3XL
S1 Mini Lifer Helmet	18.5"	19"	19.5"	20"	20.5"	X	X

	XS	S	M	L	XL	2XL	3XL
S1 Lifer Helmet	20.5"	21"	21.5"	22"	22.5"	23"	23.5"
(includes retro, fullface, visor)							

	XS	S	M	L	XL	2XL	3XL
S1 Mega Lifer Helmet	22.5"	23"	23.5"	24"	24.5"	25"	25.5"

S1 Lifer Helmets: measure the circumference around your head (above the eyebrows)

Elbow Pads: measure the circumference around the elbow (arm should be straight)

Wrist Guards: measure the circumference around the wrist (where arm meets hand)

Knee Pads: measure the circumference around knee cap. (knee should be straight)

Pro Knee Pads: measure circumference 4" above knee & 4" below knee



	Kid XS/S	Kid M/L
S1 Shred Elbow Pads	6" - 7"	7" - 8"

	XS	S	M	L	XL
S1 Elbow Pads	7" - 8.24"	8.25" - 9.24"	9.25" - 10.24"	10.25" - 11.24"	11.25" - 13"

	XS	S	M	ML	L	XL
S1 Pro Elbow Pads	X	7.75" - 8.75"	8.76" - 9.75"	9.76" - 10.75"	10.76" - 11.75"	X

	XS	S	M	L	XL
S1 Park Elbow Pads	X	8.5 - 9.5"	10" - 11"	11" - 12"	12" - 13"

	XS	S	M	L	XL
S1 Wrist Guards	X	5 - 6.5"	6.5" - 7.5"	7.5" - 8.5"	X

	Kid XS/S	Kid M/L
S1 Shred Knee Pads	10" - 11"	11" - 12"

	XS	S	M	L	XL
S1 Park Knee Pads	X	12 - 14"	14" - 16"	15" - 17"	17" - 20"

		XS	S	M	ML	L	XL	2XL	3XL
S1 Pro Knee Pads	4" above	12" - 14"	14" - 15"	15" - 17"	17" - 18"	18" - 20"	20" - 21"	21" - 23"	23" - 25"
	4" below	11" - 13"	12" - 13"	13" - 15"	14" - 15"	15" - 17"	16" - 17"	17" - 18"	18" - 19"

